

Multidisciplinary Musculoskeletal Conference

THE AGING MUSCULOSKELETAL SYSTEM

Reinvigorating Bone & Joint Care and the Healthcare System

November 20 – 21, 2015

ALT Hotel Winnipeg
310 Donald Street
Violet and Fuchsia Rooms

Presented by
Manitoba Bone and Joint Health (MBJH)

Course Chairman:
Dr Douglas E Kayler, MD FRCS(C)

Registration Details (No Fee) and Course Description:
<http://www.manitobaboneandjoint.ca/conference>

Revised October 28. Royal College Accreditation Pending.

COURSE DESCRIPTION

This program is offered to the musculoskeletal (MSK) healthcare community, including medical/surgical disciplines, allied health, and our partners in administration, business, and the community.

Presentations on access, appropriateness, delivery, evaluation, and funding of MSK care are included in podium presentations, debates, audience discussion, and a demonstration of internet video conferencing.

MSK topics focus on an aging population being managed in an aging healthcare system.

Keynote presentations (Life is a Decathlon, Comparison of Canadian and International Healthcare Systems, Systems in Pro Football and Healthcare, and further debate on Private and Public MSK Care in Canada) will amplify the presentation of a provincial MSK framework for healthcare.

Systems-based or disease-based provincial healthcare (eg. Musculoskeletal Care or Cancer Care) provides a framework to put patient interests first.

LEARNING OBJECTIVES

- Describe development and function of strategic clinical networks as tools to improve accessibility and effectiveness of bone and joint care
- Interpreting clinical guidelines for evaluating: arthroscopy in the degenerative knee, rotator cuff tendon repair, and epidural steroids in degenerative conditions of the lumbar spine
- Rationale for the development and utilization of an access to care model for shoulder disorders
- Insights into collaborations among multidisciplinary teams with overlapping skill sets to improve access for spine surgery consultation and improve non-operative care
- Using international data to compare Canadian healthcare outcomes with other nations in order to spur efficiency in MSK care
- Understanding the role for surgical simulation technology in orthopedic residency and beyond
- Working to improve MSK/orthopedic care in aging populations through the development of geriatric orthopedic fellowship programs
- Discuss principles in developing pathways of care for orthopedic patients with various geographical, cultural, and comorbidity challenges
- Exploring applications and current limitations of internet telemedicine in accessing, diagnosing, managing, and teaching orthopedic/MSK care
- Gaining insight into resolving the public/private healthcare debate for the purpose of an integrated MSK system
- And more!

FACULTY

Mr Doug Brown
Winnipeg Blue Bomber Veteran, Orthopedic Industry Representative

Dr Martin Colledge
Registrar, College of Podiatrists of Manitoba

Dr Brian Day
Orthopedic Surgeon, Cambie Clinic, Vancouver

Dr Donald Dick
Orthopedic Surgeon, Alberta Bone and Joint Health Institute

Dr John Embil
Professor, Infectious Diseases, University of Manitoba (U of M)

Ms Caroline Fanti
Advanced Practice Physiotherapist, Thunder Bay

Dr Geoffrey Gelley
Chiropractic Working Group, U of M

Dr Mark Godley
Chief Executive Officer, LiveCare, Vancouver

Mr Peter Holle
President, Frontier Centre for Public Policy, Winnipeg

Dr Alan Katz
Department Family Medicine, U of M; EvidenceNetwork.ca

Dr Douglas Kayler
Orthopedic Surgeon, Northern, Southern, and Winnipeg Regions, Manitoba

Dr Paul Komenda
Department of Medicine, U of M

Dr Barry Lavallee
Director, Centre for Aboriginal Health Education, U of M

Dr James Longstaffe
Orthopedic Surgeon, Seven Oaks Hospital, Winnipeg

Dr John Mansfield
Department of Anesthesia, U of M

Dr Kyle Martin
Resident, Orthopedic Surgery, U of M

Ms Rhona McGlasson
Executive Director, Bone and Joint Canada

Dr Eric Meinberg
Orthopedic Trauma Institute, University of California, San Francisco

Ms Maria Moore
Board Member of Opaskwayak Health Authority, The Pas, Manitoba

Ms Christa Rusk
Seniors Health Division, Canadian Physiotherapy Association, Manitoba

Dr Lewis Samuels
Orthopedic Surgery, Prairie Mountain Health Region, Manitoba

Dr Michael Schwandt
Deputy Medical Health Officer, Saskatoon Health Region

Dr Jesse Slade Shantz
Orthopedic Surgeon, Ajax, Ontario

Dr Ryan Skrabek
Assistant Professor, Physical Medicine and Rehabilitation, U of M

Dr Nav Tangri
Department of Medicine, U of M

Dr Ted Tufescu
Orthopedic Trauma Surgery, Health Sciences Centre, Winnipeg

Dr Taranjit Tung
Orthopedic Surgeon, Southern Region, Manitoba

Mr Damian Warner
Pan Am Gold Medal 2015, Decathlon; World Track and Field Championships Silver Medal, 2015

REGISTRATION

To register for the Aging Musculoskeletal System conference, please complete and mail the inserted registration form. To register for the conference online, please visit:

<http://www.manitobaboneandjoint.ca/conference>

FRIDAY MORNING PROGRAMME

07:00-07:55 **Intro, Registration, Breakfast**

07:55-08:00 **Welcome** | *Dr Douglas Kayler*

INTEGRATED FRAMEWORKS FOR BONE AND JOINT CARE

08:00-08:15 **Course Layout** | *Dr Douglas Kayler*

08:15-08:25 **Alberta Bone and Joint Health Institute: Origins and Results** | *Dr Donald Dick*

08:25-08:35 **The Bone and Joint Health Strategic Clinical Network: Continuity and Change** |
Dr Donald Dick

08:35-08:50 **ObamaCare and Orthopedics** | *Dr Eric Meinberg*

08:50-09:10 **Panel Discussion with Audience**

CLINICAL GUIDELINES: THE ONLY CONSTANT IS CHANGE

09:10-09:20 **Use of X-Rays and MRIs in the Aging Knee** | *Dr James Longstaffe*

09:20-09:30 **Arthroscopic Surgery in the Aging Knee and Shoulder** | *Dr Lewis Samuels*

09:30-09:40 **The Degenerative Lumbar Spine: Exercise, Epidural Steroids, or Surgery?** |
Dr Ryan Skrabek

09:40-09:55 **Panel Discussion with Audience**

09:55-10:15 **Break**

LOOKING AT OLD PROBLEMS IN NEW WAYS

10:15-10:25 **Provincial MSK Data: How Does it Help?** | *Dr Alan Katz*

10:25-10:35 **From Primary Care to Specialty MSK Consultation: Ways of Getting from A to B** |
Dr Alan Katz

10:35-10:45 **Periprosthetic and Osteoporotic Fracture Fixation** | *Dr Eric Meinberg*

10:45-11:00 **A Rapid Access Ambulatory Orthopedic Emergency Service in a Tertiary Care Centre** |
Dr Ted Tufescu

11:00-11:15 **Panel Discussion with Audience**

KEYNOTE SPEAKER

11:15-11:45 **Life is a Decathlon** | *Mr Damian Warner*

11:45-12:00 **Visit and Discussion** | *Mr Damian Warner*

12:00-13:10 **Lunch**

FRIDAY AFTERNOON PROGRAMME

MOVING THROUGH THE SYSTEM: KEEPING IT GOING

- 13:10-13:20 Introduction to Bone and Joint Canada | *Ms Rhona McGlasson*
- 13:20-13:30 Inter-Professional Spine Assessment and Education Clinics (ISAEC) |
Ms Rhona McGlasson
- 13:30-13:40 Access to Spine Care: Thunder Bay Experience | *Ms Caroline Fanti*
- 13:40-13:50 Physical Medicine and Rehabilitation, Access to Spine Care | *Dr Ryan Skrabek*
- 13:50-14:00 Mobilization of the Aging MSK Patient | *Ms Christa Rusk*
- 14:00-14:10 Collaborative Spine Care Models | *Dr Geoffrey Gelley*
- 14:10-14:20 Collaborative Foot and Ankle Care Models | *Dr Martin Colledge*
- 14:20-14:50 Panel Discussion with Audience

KEYNOTE SPEAKER

- 14:50-15:20 Bang for the Buck: Canadian Healthcare. How the Canadian Health System Ranks Internationally on Client Experience | *Mr Peter Holle*
- 15:20-15:30 PROM (Patient Reported Outcome Measures) | *Dr Lewis Samuels*
- 15:30-15:45 Break

GETTING ON BOARD AND STAYING ALIVE IN THE MSK HEALTHCARE GAME

- 15:45-15:55 Central Intake for Orthopedic Patients with Multiple Comorbidities |
Dr James Longstaffe
- 15:55-16:05 Experience with Surgical Simulation Training Modules in Orthopedics | *Dr Kyle Martin*
- 16:05-16:15 Along the Way: Changing Surgical Management of Femoral Fractures in an Aging Population | *Dr Taranjit Tung*
- 16:15-16:25 Looking Forward and Back: Alberta Orthopedic Wait Times | *Dr Donald Dick*
- 16:25-16:35 Panel Discussion with Audience

DIFFERENT STROKES FOR DIFFERENT FOLKS: PATIENT SENSITIVE SYSTEMS

- 16:35-16:45 Geriatric Orthopedics Fellowships: The Final Frontier | *Dr Eric Meinberg*
- 16:45-16:55 Regional Joint Assessment Centre: Northwestern Ontario | *Ms Caroline Fanti*
- 16:55-17:05 Aboriginal and Northern Patients | *Dr Barry Lavallee*
- 17:05-17:15 Northern Patient and Family Perspective | *Ms Maria Moore*
- 17:15-17:25 Beyond Hip and Knee: Central Intake with Multidisciplinary Teams | *Dr Donald Dick*
- 17:25-17:40 Panel Discussion with Audience

KEYNOTE SPEAKER

- 17:40-18:10 Systems in Football and Orthopedic Industry: Pathways to Effectiveness and Winning |
Mr Doug Brown
- 18:10-18:20 Discussion with Audience
- 18:20-20:00 Reception

SATURDAY MORNING PROGRAMME

07:00-08:00 **Breakfast, Visit, Registration**

BRINGING THE OUTLIERS INTO THE FOLD: "CHERRY-PICKING" FOR DIFFICULT CASES

08:00-09:00 **MSK and Medical Colleagues in a Community Hospital Setting: Developing an Orthopedic/Medical, Combined Service for Challenging Patient Populations**

Panelists:

Orthopedics: *Dr James Longstaffe*

Internal Medicine: *Dr Paul Komenda, Dr Nav Tangri, and Dr John Embil*

Anesthesia: *Dr John Mansfield*

09:00-09:15 **Panel and Audience Discussion**

STRATEGIES TO IMPROVE ACCESS TO CARE

09:15-10:00 **MSK Internet Teleconferencing** | *Dr Mark Godley and Mr Wayne Warren, Northern Manitoba and North Eastern Saskatchewan*

10:00-10:15 **Framework for Access to Shoulder Care** | *Dr Jesse Slade Shantz*

10:15-10:30 **Orthopedic Surgeon Framework: MBA/CanMEDS** | *Dr Jesse Slade Shantz*

10:30-10:45 **Panel and Audience Discussion**

10:45-11:00 **Break**

THE GREAT CANADIAN HEALTHCARE DEBATE: MSK SNAKES AND LADDERS

11:00-11:15 **Determinants of Health in the MSK System** | *Dr Michael Schwandt*

11:15-11:30 **Cambie Clinic Experience** | *Dr Brian Day*

11:30-11:35 **Follow-up to the COA Bulletin Spring Debate** *What is the best way to achieve needed reform in our health-care system?: Introduction* | *Dr Douglas Kayler*

11:35-11:45 **System Changes Should Take Place Within Our Publicly Funded Medicare System** | *Dr Michael Schwandt*

11:45-11:55 **A Privately Funded Multi-payer Healthcare Tier is the Best Way to Achieve System Reform** | *Dr Brian Day*

11:55-12:05 **Rebuttal** | *Dr Michael Schwandt*

12:05-12:15 **Rebuttal** | *Dr Brian Day*

12:15-12:25 **Final Remarks and Search for Common Ground** | *Dr Michael Schwandt and Dr Brian Day*

12:25-12:55 **Audience and Panel Discussion**

12:55-13:00 **Concluding Remarks and Next Steps** | *Dr Douglas Kayler*

13:00-13:30 **Light Refreshments and Depart**